

# THE PREPARED PARENT



## GETTING READY FOR CAMP

We are excited for you and your children to be joining us at camp this year! We are sure you have questions so here are some answers to common concerns. Of course if we do not address your concern please reach out to the camp Directors of Tyler Horringa.

(816) 595– 1735 or tylerhorringa@centralmission. org



Community of Christ

#### **PACKING FOR CAMP**

We recommend letting your child know where things are in their suitcase, like sunscreen, bug spray, and other important things that they will need day-to-day at camp.



## TAKING MEDICINE TO CAMP

All medicines (prescription or over-the-counter) must be given to the nurse in their original containers with the instructions at registration time. **IMPORTANT:** Make sure to pick up medicine at check-out to take home with you.



#### **HOME SICKNESS**

The camp's policy is that campers are not allowed to use the phone, except in an emergency. If a child becomes homesick, the camp staff will work with the child to help them work through their homesickness. If you have a special situation that would require your child to call home during the week, please speak with the camp directors at registration.

## WRITE TO YOUR CAMPER

Campers love to get mail! Ask family and friends to write to your child while

they are at camp. You may want to send your letter ahead of time to ensure it's arri-



val during the week of camp. When sending your letter include your camper's name and camp in the address. The camp address is:

Camper Name
Central Mission (Children's,
Junior, Middle School, High
School Camp
Lake Doniphan Conference
and Retreat Center
12856 Doniphan Lake Road
Excelsior Springs, MO 64024

## PICK YOUR CHILD UP FROM CAMP

Be prompt for pick up time, which will be noted in the letter your child receives about two weeks before his/her camp. Your camper's letter will give instructions as to checkout procedure and where you will need to go to pick up your child. Please try not to arrive too early. Don't forget to check for lost and found.



## WELCOME YOUR CAMPER HOME

Be prepared for your child to be tired and little grumpy when you pick him/her up. Going home is a sudden change of pace and leaving behind new friends. Don't be offended if your child isn't as happy to see you as you are him/her. When your child is ready to talk about the camp experience, listen closely and ask open-ended questions to encourage your child to share without pushing too hard. Good questions include; (tell us about your favorite activity at camp, who was your favorite person at camp. and what was your most difficult time at camp?)



## ENCOURAGE SPIRITUAL GROWTH

Your child needs to continue a growing process once he/she comes home. We encourage you to pray for and with your child. Help them find devotional material and teach them how to study the Scriptures so they can have a daily quiet time with God. You could take them to a bookstore and let them pick out a devotional book and/or Bible appropriate for his/her age. If your child isn't already

## PACKING LIST (suggestions)

- One change of clothes for each day of camp
- Jacket
- Rain Gear
- Old shoes for recreation time
- Shower Gear
- Towels and Washcloths
- Swimsuit

- Beach Towel
- Flashlight
- Campfire Blanket
- Bedding (sleeping bag or bed roll and pillow)
- Laundry Bag (or trash bag)
- Insect Repellent
- Sunscreen

## PLEASE DO NOT BRING

- Cell Phones
- Valuables (i.e. money and jewelry)

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## DRUGS, ALCOHOL AND TOBACCO

Possession or use of illegal drugs, any form of tobacco, or alcoholic beverage is strictly prohibited during camp or on campgrounds and may result in immediate expulsion from the camp and compliance with state and federal laws.



### FIREWORKS, FIRE-ARMS AND WEAPONS

Fireworks, firearms, or weapons of any kind are strictly prohibited.



#### **DRESS CODE**

The following clothing choices are deemed inappropriate:

- clothing promoting consumption of alcohol, tobacco, illegal drugs, explicitly or implicitly promotes racism, sexism or hatred of any group or person, refers to sexual actions or situations (this includes companies that promote above activities),
- Wearing sports bras without cover-ups, crop tops or cutoff t-shirts. All tops must have straps on both shoulders and should be waist-length
- Low-rise shorts and jeans, along with "sagging" pants
- Bikinis or brief "Speedo" type swimming suits

Closed camp policy requires campers to arrive and depart according to scheduled program and remain the duration of the camp. We appreciate

**CLOSED CAMPS—** 

you adjusting any appointments or activities during the child's camp experience. Once your child's camp has begun we can not have them leave the premises until the end of camp.

Central Mission Youth Ministries 500 West Pacific Independence, MO 64057

Phone: 816.833.4300 Fax: 816.833.4305

Web: www.centralmission.org



#### **CAMPERSHIPS**

Please check with your congregational Financial Officer to find out if your congregation has a campership program which pays all or part of your fees. Camperships need to be finalized one week prior to camp.

#### **CANCELLATION POLICY**

One week prior to camp start date a refund of 50% of total camp fee will be issued. Cancellations within 48 hours of camp start will result in no refund.

It is essential to the camp that each camper and staff member read, agrees to, and adheres to these rules as stated.



Central Mission
Youth Ministries
Resident Camps
Children's, Junior,
Middle School, and
High School

#### **CAMP POLICIES**

Due to the nature of the camps and the type of experience we are striving to achieve, there are some policies, which are necessary. It is essential to the camp that each camper and staff member read, agrees to, and adheres to the rules and information as stated. In the Spirit of Christ, participants are to be free from addictive, compulsive, and abusive behavior while at camp. If you need help in responding in appropriate ways, please contact the directors. Keep in mind this is camping, and living is in a communal

environment. Christian conduct will be expected from all campers at all times. Respect for the property of others is a must.

#### **HEALTH SCREENING**

At the start of each camp we will check over your child to verify that they are healthy. In addition we will look over the child to verify there is no lice present prior to the start of camp. In the event your child begins to present signs of illness or has any type of emergency you will be